

November 2018

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

# Event Week Glance

November 19-25, 2018

December 2018

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## Monday, November 19

10:30a MOBILITY/STRETCH CLASS, JUDY TARVER  
 12:00p MINDFUL MOVEMENT, ERIC CARRIER  
 5:30p BOOT CAMP, JULIE LEJEUNE  
 5:30p WATER AEROBICS, MARY BOOK

## Tuesday, November 20

9:00a PILATES, ERIC CARRIER  
 10:00a CHAIR EXERCISE, GERALD VICTOR  
 5:00p ZUMBA YOUTH, DEBBIE HERBERTZ  
 5:30p SPIN CLASS, JULIE LEJEUNE  
 5:30p WATER AEROBICS, MARY BOOK  
 6:30p ZUMBA, DEBBIE HERBERTZ

## Wednesday, November 21

9:00a LINE DANCE, DEE LEFLEUR PHELPS  
 10:00a GENTLE SR. STRETCH CLASS, JUDY TARVER  
 12:00p MINDFUL MOVEMENT, ERIC CARRIER  
 5:30p STEP. JULIE LEJUENE

## Thursday, November 22

CLOSED FOR THANKSGIVING

## Friday, November 23

CLOSED FOR THANKSGIVING

## Saturday, November 24

CLOSED FOR THANKSGIVING

## Sunday, November 25